Thresholds of Transformation **is a multidisciplinary creative transformative change process, developed by Monica Brown, Donna Fyffe and Hilary Musgrave**

that offers an intentional way of exploring personal, communal and systemic transformation. It is deeply grounded in our Universe Story and the ecological theology of Laudato Si.

Committed to facilitating a vital shift in our human consciousness, *Thresholds of Transformation's* vision is to collaborate with women religious and their Associates and Mission Partners, in fostering:

- contemplative awareness
- unity of purpose
- an energetic commitment to Laudato Si's challenge to honor our "moral imperative" to contribute to a new world order of integral ecology

Believing in the sacred evolution of humanity and all life,
Thresholds of Transformation

provides a unique transformative change process that brings forth inner and outer behavioral change, manifested in new ways of being, relating and acting at a personal, communal and systemic level. This inner and outer behavioral change is enabled by:

- A wholehearted commitment to 10 communal Gatherings centered around inspiring online video presentations (*TT videos*) that are interspersed with:

  - contemplative pauses with imagery and music
  - personal and communal reflection
  - interactive processes
  - courageous conversation
  - embodied prayer and ritual

- Opening to a personal awakening and deeper consciousness of heart, mind and behavior, that can shape and contribute to a new world order, in the belief that, unless the personal journey is addressed, communal transformation will not flourish. *"If we want the world to change then first our hearts must change"*. *(Pope Francis, Homily 25 March 2022).*

It is our hope that Thresholds of Transformation will gift you with:

- A renewed appreciation of your kinship with our universe and the sacred mystery of its innate gifts for personal and communal transformation.
- The strengthening of your personal and communal relationships through a deeper appreciation of the spiritualities of the heart and vulnerability, broken open through reflection, imagery, ritual, music and shared dialogue.
- Being part of a global movement that is intentionally committed to fostering a new world order of integral ecology.

For more information please contact Thresholds of Transformation at Emmaus Productions:
adminTT@emmausproductions.com
or visit: ThresholdsofTransformation.com

Thresholds of Transformation
Personal, Communal,
Systemic Transformation

Thresholds of Transformation's 10 Gatherings

Gathering One
Welcome and Orientation

Gathering Two
Pathway 1: The Mysteries of Our Universe

Gathering Three
Pathway 2: Spirituality of the Heart

Gathering Four
Pathway 3: Spirituality of Vulnerability

Gathering Five
Pathway 4: The Transformative Gifts of Our Universe
Part One: Holons

Gathering Six
Pathway 4: The Transformative Gifts of Our Universe
Part Two: Morphic Resonance

Gathering Seven
Pathway 5: Transformation of the Collective Soul
Part One: Exploring the Collective Soul

Gathering Eight
Pathway 5: Transformation of the Collective Soul
Part Two: Re-envisioning the Collective Soul

Gathering Nine
Pathway 6: Systemic Transformation

Gathering Ten
Pathway 7: Weaving the Threads Together